

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 07:30 untill 08:45.

Teamleadmeeting @

The listed starttimes are indicative!

Coaches: Loones Matthias HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 30: 100M BUTTERFLY WOMEN					Heat:1, starttime: 09:00
Heat: 1/5 Lane : 4 Athlete: LOONES THULINE					Q-time: 01:07:45
PB (25m pool): 1:07.45 Eeklo 21 Apr 2025					PB (50m pool): 1:06.59 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		31.96		1:07.45	
		31.96		35.49	
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:2, starttime: 09:00
Heat: 2/5 Lane : 5 Athlete: GOETHALS HILKJE					Q-time: 01:06:36
PB (25m pool): 1:04.66 Eeklo 28 Apr 2019					PB (50m pool): 1:05.55 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.59		1:04.66	
		30.59		34.07	
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:2, starttime: 09:00
Heat: 2/5 Lane : 8 Athlete: MATTHEEUWS LIE					Q-time: 01:07:28
PB (25m pool): 1:07.28 Eeklo 21 Sep 2025					PB (50m pool): 1:05.27 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.93		1:07.28	
		30.93		36.35	
					

Coach feedback:

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Event number: 30: 100M BUTTERFLY WOMEN					Heat:4, starttime: 09:05
Heat: 4/5 Lane : 2 Athlete: VAN BRABANDT JULIETTE					Q-time: 01:04:94
PB (25m pool): 1:04.15 Sint-Amandsberg 18 Oct 2025					PB (50m pool): 1:07.13 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.89		1:04.15	
	29.89		34.26		
					

Coach feedback:

Event number: 30: 100M BUTTERFLY WOMEN					Heat:4, starttime: 09:05
Heat: 4/5 Lane : 7 Athlete: DE DECKER FEBE					Q-time: 01:05:12
PB (25m pool): 1:05.12 Aachen (GER) 12 Oct 2025					PB (50m pool): 1:06.34 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		30.64		1:05.12	
	30.64		34.48		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:1, starttime: 09:10
Heat: 1/7 Lane : 4 Athlete: LAFAUT LEON					Q-time: 01:02:38
PB (25m pool): 1:01.86 Sint-Amandsberg 18 Oct 2025					PB (50m pool): 1:04.47 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.78		1:01.86	
	29.78		32.8		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:2, starttime: 09:10
Heat: 2/7 Lane : 4 Athlete: CLAEYS OSCAR					Q-time: 01:01:73
PB (25m pool): 1:01.73 Aachen (GER) 12 Oct 2025					PB (50m pool): 1:03.54 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.37		1:01.73	
	29.37		32.36		
					

Coach feedback:

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Event number: 31: 100M BACKSTROKE MEN					Heat:2, starttime: 09:10
Heat: 2/7 Lane : 5 Athlete: NAAKTGEBOREN JAKOB					Q-time: 01:01:84
PB (25m pool): 1:01.84 'T Rosco 11 Oct 2025					PB (50m pool): 1:03.49 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.27		1:01.84	
	29.27		32.57		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:4, starttime: 09:15
Heat: 4/7 Lane : 3 Athlete: VAN DEURSEN SIEBE					Q-time: 01:00:13
PB (25m pool): 1:00.13 Eeklo 21 Sep 2025					PB (50m pool): 1:02.15 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		29.64		1:00.13	
	29.64		30.49		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:5, starttime: 09:15
Heat: 5/7 Lane : 6 Athlete: BAEYE LEON					Q-time: 00:58:69
PB (25m pool): 58.69 Eeklo 21 Apr 2025					PB (50m pool): 1:00.98 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		28.63		58.69	
	28.63		30.06		
					

Coach feedback:

Event number: 31: 100M BACKSTROKE MEN					Heat:7, starttime: 09:20
Heat: 7/7 Lane : 4 Athlete: VERRETH NOAH					Q-time: 00:51:92
PB (25m pool): 51.85 Rotterdam (NED) 25 Oct 2025					PB (50m pool): 54.19 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		25.16		51.85	
	25.16		26.69		
					

Coach feedback:

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Event number: 32: 50M BREASTSTROKE WOMEN										Heat:1, starttime: 09:20																			
Heat: 1/5 Lane : 5 Athlete: VAN LAECKE LENE																				Q-time: 00:35:79									
PB (25m pool): 35.79 Sint-Amandsberg 27 Oct 2024										PB (50m pool): 37.31 SB:																			
	2 5 M					5 0 M																							
PB						35.79																							
	35.79																												
																													

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN							Heat:3, starttime: 09:20	
Heat: 3/5 Lane : 7 Athlete: RAEMDONCK BENTHE-MARIE							Q-time: 00:34:06	
PB (25m pool): 33.12 Gent 23 Oct 2022							PB (50m pool): 33.66 SB:	
	2 5 M		5 0 M					
PB			33.12					
	33.12							
								

Coach feedback:

Event number: 32: 50M BREASTSTROKE WOMEN							Heat:5, starttime: 09:25	
Heat: 5/5 Lane : 5 Athlete: GOBERT LIES							Q-time: 00:32:15	
PB (25m pool): 32.15 Aachen (GER) 26 Oct 2024							PB (50m pool): 32.49 SB:	
	2 5 M		5 0 M					
PB			32.15					
	32.15							
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN						Heat:1, starttime: 09:25	
Heat: 1/5 Lane : 5 Athlete: STRUYVELT ARNE						Q-time: 01:57:15	
PB (25m pool): 1:57.15 Gent 23 Feb 2025						PB (50m pool): 1:58.53 SB:	
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5 2 0 0 M
PB		27.25		57.08		1:27.10	1:57.15
	27.25		29.83		30.2		30.5
							

Coach feedback:

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Event number: 33: 200M FREESTYLE MEN							Heat:2, starttime: 09:30	
Heat: 2/5 Lane : 3 Athlete: SCHRAM THOR							Q-time: 01:55:97	
PB (25m pool): 1:55.97 Eeklo 21 Apr 2025				PB (50m pool): 2:00.74 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		26.88		55.63				1:55.97
	26.88		28.75			1:00.34		
								

Coach feedback:

Event number: 33: 200M FREESTYLE MEN							Heat:4, starttime: 09:35	
Heat: 4/5 Lane : 1 Athlete: BAEYE LEON							Q-time: 01:54:81	
PB (25m pool): 1:50.54 Sint-Amandsberg 19 Oct 2025				PB (50m pool): 1:54.81 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		25.57		53.24		1:21.52		1:50.54
	25.57		27.67		28.28		29.2	
								

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:2, starttime: 09:40	
Heat: 2/4 Lane : 5 Athlete: VANHEUVERBEKE MARTHE							Q-time: 02:17:42	
PB (25m pool): 2:16.37 Val Parisis&nbs 26 Oct 2025				PB (50m pool): 2:21.30 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		32.60		1:07.32		1:42.39		2:16.37
	32.60		34.72		35.07		33.98	
								

Coach feedback:

Event number: 34: 200M BACKSTROKE WOMEN							Heat:3, starttime: 09:45	
Heat: 3/4 Lane : 6 Athlete: HUENS NOOR							Q-time: 02:21:96	
PB (25m pool): 2:21.96 Gent 11 Nov 2024				PB (50m pool): 2:27.21 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		33.84		1:10.01		1:46.59		2:21.96
	33.84		36.17		36.58		35.37	
								

Coach feedback:

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Event number: 35: 50M BUTTERFLY MEN						Heat:1, starttime: 09:50	
Heat: 1/6 Lane : 4 Athlete: LEROUX WOUT						Q-time: 00:26:68	
PB (25m pool): 26.68 Aachen (GER) 11 Oct 2025						PB (50m pool): 27.07 SB:	
	2 5 M		5 0 M				
PB			26.68				
	26.68						
							

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN										Heat:3, starttime: 09:55	
Heat: 3/6 Lane : 3 Athlete: SCHRAM THOR										Q-time: 00:25:99	
PB (25m pool): 25.99 Aachen (GER) 11 Oct 2025										PB (50m pool): 27.26 SB:	
	2 5 M		5 0 M								
PB			25.99								
	25.99										
											

Coach feedback:

Event number: 35: 50M BUTTERFLY MEN										Heat:5, starttime: 09:55	
Heat: 5/6 Lane : 7 Athlete: DE MUL TOM										Q-time: 00:25:49	
PB (25m pool): 25.49 Gent 11 Nov 2024										PB (50m pool): 25.83 SB:	
	2 5 M		5 0 M								
PB			25.49								
	25.49										
											

Coach feedback:

Event number: 36: 200M MEDLEY WOMEN							Heat:1, starttime: 09:55	
Heat: 1/3 Lane : 2 Athlete: LOONES THULINE							Q-time: 02:25:63	
PB (25m pool): 2:24.63 Eeklo 16 Jan 2022				PB (50m pool): 2:31.27 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.19						2:24.63
	31.19							1:53.44
								

Coach feedback:

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Event number: 36: 200M MEDLEY WOMEN							Heat:2, starttime: 10:00	
Heat: 2/3 Lane : 3 Athlete: VAN GYSEL MAITE							Q-time: 02:24:17	
PB (25m pool): 2:24.17 Gent 9 Nov 2024				PB (50m pool): 2:28.32 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0	1 2 5	1 5 0	1 7 5	2 0 0 M
PB		31.36		1:08.03		1:50.58		2:24.17
	31.36		36.67		42.55		33.59	
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:3, starttime: 10:25	
Heat: 3/8 Lane : 8 Athlete: RAEMDONCK BENTHE-MARIE							Q-time: 00:59:73	
PB (25m pool): 59.73 Eeklo 1 Apr 2024				PB (50m pool): 1:01.28 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		28.56		59.73				
	28.56		31.17					
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:4, starttime: 10:25	
Heat: 4/8 Lane : 1 Athlete: DE DECKER FEBE							Q-time: 00:59:35	
PB (25m pool): 59.35 Eeklo 21 Apr 2025				PB (50m pool): 1:00.55 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		28.52		59.35				
	28.52		30.83					
								

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN							Heat:5, starttime: 10:25	
Heat: 5/8 Lane : 7 Athlete: VAN GYSEL MAITE							Q-time: 00:58:56	
PB (25m pool): 58.54 Sint-Amandsberg 18 Oct 2025				PB (50m pool): 59.40 SB:				
	2 5 M	5 0 M	7 5 M	1 0 0 M				
PB		28.41		58.54				
	28.41		30.13					
								

Coach feedback:

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Event number: 38: 100M FREESTYLE WOMEN					Heat:6, starttime: 10:30
Heat: 6/8 Lane : 2 Athlete: MATTHEEUWS LIE					Q-time: 00:57:72
PB (25m pool): 57.72 Eeklo 21 Apr 2025					PB (50m pool): 58.45 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.52		57.72	
	27.52		30.20		
					

Coach feedback:

Event number: 38: 100M FREESTYLE WOMEN					Heat:6, starttime: 10:30
Heat: 6/8 Lane : 6 Athlete: VAN BRABANDT JULIETTE					Q-time: 00:57:28
PB (25m pool): 56.74 Sint-Amandsberg 18 Oct 2025					PB (50m pool): 58.49 SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		27.26		56.74	
	27.26		29.48		
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:3, starttime: 10:35
Heat: 3/9 Lane : 6 Athlete: CLAEYS OSCAR					Q-time: 01:01:79
PB (25m pool): 1:01.79 Aachen (GER) 11 Oct 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

Event number: 39: 100M MEDLEY MEN					Heat:8, starttime: 10:45
Heat: 8/9 Lane : 7 Athlete: DE MUL TOM					Q-time: 00:59:72
PB (25m pool): 59.72 Aachen (GER) 11 Oct 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB					
					

Coach feedback:

OBC 25M 2025: Session: 5: COACH evaluation sheet for TEAM: MEGA

Event number: 39: 100M MEDLEY MEN					Heat:9, starttime: 10:45
Heat: 9/9 Lane : 5 Athlete: VERRETH NOAH					Q-time: 00:54:98
PB (25m pool): 54.76 Rotterdam (NED) 26 Oct 2025					PB (50m pool): No time SB:
	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		24.61		54.76	
	24.61		30.15		
					

Coach feedback: